



SUPPS

Substance Use in Pregnancy
and Parenting Service

Contact List

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Health
South Western Sydney
Local Health District

The Substance Use in Pregnancy Service (SUPPS)



An initiative of NSW Health and SWSLHD
to better support women and children.



Health
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Local Health District

www.swslhd.nsw.gov.au



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SUPPS

Substance Use in Pregnancy
and Parenting Service



The Substance Use in Pregnancy Service (SUPPS)

Our goals

To promote opportunities for positive interventions that support and nurture the mother/baby, parent/baby relationship and promote a safe parenting model.

Our model is underpinned by a woman's own history of trauma and substance use which can have long term and profound effects.

What does the model involve?

Building Relationships/partnership/advocacy for women with substance use issues, reducing stigma and discrimination, planning for best outcomes.

Providing appropriate drug and alcohol treatment.

How does the SUPPS service work?

Most referrals are received antenatally, continuity of care is provided through pregnancy, birth and up to 2 years.

Woman centered case management by experienced committed drug and alcohol midwife/nurse consultants to help women parent safely.

Collaborative model with referral to targeted support services.

The SUPPS program is voluntary, women can choose to be part of the 2 year program.

If a woman does not want to be part of the 2 year program, her care in pregnancy will be no different, the service will complete when mother and baby are discharged from hospital.

Referral criteria

1. Current hazardous alcohol and /or current illicit drug use
2. Opiate treatment for chronic pain
3. Prescribed and/or non-prescribed codeine or benzodiazepines
4. Maternal benzodiazepines use that may put the infant at risk of withdrawal
5. Women on prescribed or non-prescribed opioid agonist treatment - methadone or buprenorphine
6. History of illicit substance use and/or treatment within the last 12 months
7. History of hazardous alcohol use over the last 12 months



Who can refer to SUPPS?

Referrals to the service can be made by but are not limited to the following:

- All Maternity services - SWSLHD and other LHDs
- Child and Family Health Services
- Drug Health Services SWSLHD and other LHDs
- Drug and Alcohol NGOs
- General Practitioners
- Private Opioid Treatment Programs
- Justice Health
- Community Corrections
- Aboriginal Health Services
- Private Obstetricians
- Multicultural Women's Health Services
- Women's Health Services
- Hospital Emergency Departments
- Family Support Services (NGOs)
- Family and Community Services (FaCS)

To make a referral please contact one of the listed consultants appropriate to your area.